

Pregestimil Datacard



Description

Pregestimil is a hypoallergenic formula for the dietary management of cow's milk or soya protein allergy. It is especially designed for infants with allergy and/or fat maldigestion/malabsorption with symptoms such as protracted diarrhoea, gastrointestinal symptoms or failure to thrive. It is a nutritionally complete formula that can be used as a sole source of nourishment up to 6 months of age. After 6 months of age the infant can continue with Pregestimil as part of a mixed diet. Pregestimil is a Food for Special Medical Purposes and must be used under medical supervision. Pregestimil is lactose free.

Indications

Pregestimil is ACBS approved and prescribable on form FP10 (GP10 in Scotland) for the dietary management of cow's milk/soya allergy and/or maldigestion/malabsorption.

Pack formats and product codes

Pregestimil is available in a powder format. 400 g tins are supplied in cases of 6; the product PIP code is 043-4050.

Important feeding information

Warning: For the infant's health, we suggest advising parents to carefully follow the instructions for preparation and use. Proper hygiene, preparation, dilution, use and storage are important when preparing formula. Advise parents not to use a microwave to warm formula. **Failure to follow these instructions could result in severe harm.** Not for intravenous use.

Ingredients

Glucose syrup, vegetable oils (medium chain triglycerides from coconut/palm kernel (15.9%), soya, high oleic safflower), extensively hydrolysed casein (from **milk**), modified corn starch, calcium citrate, potassium phosphate, calcium phosphate, magnesium phosphate, oil from *Mortierella alpina*, potassium chloride, oil from the microalgae *Schizochytrium* sp., choline chloride, L-cystine, inositol, ascorbic acid, L-tyrosine, L-tryptophan, sodium citrate, taurine, ferrous sulphate, DL-alpha tocopheryl acetate, L-carnitine, zinc sulphate, ascorbyl palmitate, nicotinamide, retinyl palmitate, calcium pantothenate, cupric sulphate, thiamin hydrochloride, riboflavin, pyridoxine hydrochloride, manganese sulphate, sodium iodide, folic acid, chromic chloride, phytomenadione, sodium selenite, sodium molybdate, D-biotin, cholecalciferol, cyanocobalamin.

Dietary information

Pregestimil is not suitable for vegans or those who follow a halal or kosher diet. Due to the formulation of Pregestimil, parents may notice that their infant's stools become looser and green in colour.

Contra-indications:

Powdered formulas intended for infants, are not sterile and should not be fed to premature infants or infants who might have immune problems, unless directed and supervised by a healthcare professional.

Important notice:

Breastfeeding is best for babies. The decision to discontinue breastfeeding may be difficult to reverse and the introduction of partial bottle-feeding may reduce breast milk supply. The financial benefits of breastfeeding should be considered before bottle-feeding is initiated. Failure to follow preparation instructions carefully may be harmful to the infant's health. Parents should always be advised by an independent healthcare professional regarding infant feeding. Products of Mead Johnson must be used under medical supervision.

For more information visit:
www.nutramigen.co.uk

Or contact the Mead Johnson Careline
(+44 (0) 1895 230575)



Pregestimil

Nutrients	Unit	Per 100 g	Per 100 ml
Energy	kJ/kcal	2137/510	280/68
Fat of which:	g	29	3.8
- Saturates	g	16.8	2.2
- MCT	g	15.3	2
- Linoleic acid	g	5.1	0.67
- α -Linolenic acid	mg	480	64
- Arachidonic acid	mg	148	20
- Docosahexaenoic acid	mg	117	15.5
Carbohydrate of which:	g	51	6.7
- Sugars	g	5	0.66
Protein	g	14.3	1.88
Salt	g	0.47	0.06
Vitamins			
Vitamin A, RE	ug	580	77
Vitamin D	μ g	12.8	1.7
Vitamin E, α -tocopherol	mg	9.2	1.21
Vitamin K	μ g	61	8.1
Vitamin C	mg	61	8.1
Thiamin	mg	0.41	0.054
Riboflavin	mg	0.46	0.061
Niacin	mg	4.6	0.61
Vitamin B6	mg	0.31	0.04
Folate, DFE	μ g	138	18.2
Folic acid	μ g	83	10.9
Vitamin B12	μ g	1.28	0.17
Biotin	μ g	15.3	2
Pantothenic acid	mg	2.9	0.38
Minerals			
Sodium	mg (mmol)	189 (8.22)	25 (1.09)
Potassium	mg (mmol)	560 (14.3)	74 (1.89)
Chloride	mg (mmol)	380 (10.7)	50 (1.41)
Calcium	mg (mmol)	590 (14.7)	77 (1.92)
Phosphorus	mg (mmol)	380 (12.3)	50 (1.61)
Magnesium	mg (mmol)	56 (2.3)	7.4 (0.3)
Iron	mg	9.2	1.21
Zinc	mg	5.1	0.67
Copper	mg	0.38	0.05
Manganese	mg	0.128	0.017
Selenium	μ g	20	2.7
Chromium	μ g	15.8	2.1
Molybdenum	μ g	15.8	2.1
Others			
Iodine	μ g	117	15.5
Choline	mg	168	22
Inositol	mg	87	11.4
L-Carnitine	mg	12.8	1.68
Taurine	mg	31	4
Osmolarity	mOsm/L	269	

Storage instructions

Powder storage: Store can in a cool dry place. After opening can, keep tightly covered, store in dry a area and use contents within 1 month. Do not freeze powder and avoid excessive heat.

Shelf life: 24 months from date of manufacture. Use within 1 month of opening.

Feeding guidelines

Age	Approx. weight		Bottle/24h	Water		+ Scoops*
	kg	lbs		ml	fl.oz	
0-2 weeks	<3-3.5	6.5-7.5	6	90	3	3
2-4 weeks	3.5-4	7.5-8.5	5-6	120	4	4
1-2 months	4-5	8.5-11	5	150	5	5
2-4 months	5-6.5	11-14	4-5	180	6	6
4-6 months	>6.5	>14	4	210	7	7

*Only use scoop in can to measure powder. 1 level scoop (4.4 g) to each 30 ml of water. Do not press powder into scoop, level off with the back of a clean, dry knife.

Instructions for preparation and use

We recommend adherence to the following points to ensure correct preparation:



1. Wash hands thoroughly. Clean bottles, teats, caps and utensils in water (10 minutes at a rolling boil).



2. Boil fresh water. Cool for no longer than 30 minutes. Do not use softened water. Pour desired amount of water into clean bottle.



3. Add required number of **level** scoops of powder (see feeding guidelines). Store **dry** scoop in the can.



4. Close bottle, roll and **shake well** until powder dissolves completely. Check temperature on inside of your wrist.



5. Once prepared, formula can spoil quickly. Feed immediately after preparation or cover and store in a refrigerator at 2-4°C for no longer than 24 hours. Do not freeze prepared formula and do not use if refrigerated for more than a total of 2 hours. Use formula that has been in contact with the infant's mouth

within 1 hour and do not refrigerate. Throw away prepared formula left in bottle and clean utensils.

